



G'day Everybody,

We have now hit the chilly months of Autumn. When did Summer happen? I think we all blinked and missed it!

As much as we all love summer, there is nothing cosier, then wrapping yourself up in a blanket on the sofa, and watching a good movie, with a nice cup of hot chocolate, or a whiskey! Whatever takes your fancy!

Let us hope it does not get too cold, too quickly!

Enjoy!

Have a great week everybody, stay safe!

The Caladenia Team





Autumn in Australia begins on March 1 and lasts until May 31, marking when the days begin to shorten as it cools towards winter. In the northern hemisphere, March 20 or 21 is the spring equinox and marks the start of spring. In the southern hemisphere, this is the vernal equinox and should be the *de facto* start of autumn. The Australian seasons have been simplified by starting each season on the first day of each season's starting month. So, summer begins on December 1, autumn on March 1, winter on June 1, and spring on September 1.

Whatever the rationale behind how the seasons begin and end in Australia, simply think of the Australian autumn as the months of March, April, and May.

#### End of Daylight-Saving Time

Daylight saving time ends on the first Sunday in April in the Australian Capital Territory, New South Wales, South Australia, Tasmania, and Victoria. The Northern Territory and the states of Queensland and Western Australia do not observe daylight saving time.



#### Autumn Foliage

There is a magical quality to autumn when the leaves start to change colour, from green to yellow, orange, and varying shades of red.

Unfortunately, you will not see masses of colourful foliage in the country's north nor in most Australian cities, except perhaps in Canberra where large numbers of deciduous trees exhibit more dramatic seasonal changes.

It is the deciduous trees that lose their leaves in the winter and in the process undergo changes in colour in the autumn. While there are deciduous trees in many parts of Australia, they may not make much of an impact compared to New England autumn foliage.

Tracts of wilderness, such as in New South Wales, comprise large numbers of non-deciduous conifers, eucalyptus, and other evergreens that do not shed leaves in the cold of winter.

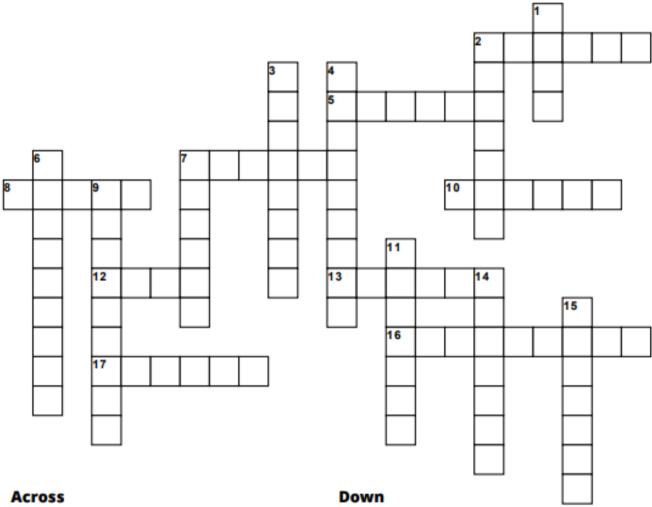
#### **Autumn Alphabet Challenge**

## Can you come up with an Autumn themed word for each letter of the alphabet?



A	_ P
В	_ Q
c	_ R
D	
E	
F	
G	
H	
	X
J	
K	
L	
M	
N	
^	

#### **Autumn Crossword**



- 2 Colour made from mixing yellow and red (6)
- 5 The word for autumn in German (6)
- 7 Seeds from an Oak tree (6)
- 8 Plural of goose (5)
- 10 What falls from trees in autumn (6)
- Tool used to tidy leaves on the ground
   (4)
- 13 Name the zodiac star sign represented by a bull (6)
- 16 Australian tree with flaky bark (9)
- A popular autumn sport on 2 wheels
   (6)

#### 1 - Another word for autumn (4)

- A month of autumn in the Northern Hemisphere (7)
- 3 Unscramble this autumn item 'LLABREUM' (8)
- 4 Nuts abundant in autumn (9)
- 6 Name for trees that shed leaves in autumn (9)
- 7 Fruit from the Garden of Eden (6)
- 9 Straw and fabric 'person' farmers use to protect their fields (9)
- 11 Orange coloured vegetable (7)
- 14 Item of clothing you need in autumn starting with 'S' (7)
- 15 A colour of leaves in autumn starting with 'M' (7)

#### Art for Relaxation





#### To Autumn by John Keats

Season of mist and mellow fruitfulness,
Close bosom-friend of the maturing sun;
Conspiring with him how to load and bless
With fruit the vines that round the thatch-eves run;
To bend with apples the moss'd cottage trees,
And fill all fruit with ripeness to the core;
To swell the gourd, and plump the hazel shells
With a sweet kernel; to set buddingmore,
And still more, later flowers for the bees,
Until they think warm days will never cease,
For summer has o'er-brimm'd their clammy cells



#### **Autumn by Emily Dickinson**

The morns are meeker than they were,

The nuts are getting brown;

The berry's cheek is plumper

The rose is out of town

The maple wears a gayer scarf,

The field a scarlet gown

Lest I should be old fashioned,

I'll put a trinket on



- 1. What do you call trees that shed their leaves annually?
- 2. When does Autumn start in the Northern Hemisphere?
- 3. Countries close to the \_\_\_\_\_ experience little seasonal variation.
- 4. Which famous poet wrote 'Ode to Autumn'? (a) Robert Frost (b) Lord Byron (c) John Keats
- 5. Can you name 3 animals that go into hibernation as winter approaches?
- 6. Americans and Canadians both celebrate this holiday in the fall, but not on the same day.
- 7. What is a Harvest Moon?
- 8. What celebration takes places on October 31st each year?
- 9. In what month does Autumn start in the Southern Hemisphere?
- 10. Can you name 3 Autumn flowers?
- 11. Which fruits are abundant in Autumn?
- 12. In poetry, what emotion is Autumn often associated with?
- 13. Can you sing the second part of this song?

The falling leaves drift by the wind

The Autumn leaves of red and gold

- 14. What is another name for Autumn?
- 15. What does the term 'Equinox' mean?
- 16. Which sports season starts in early Autumn in North America?
- 17. Many birds migrate in Autumn; in which direction do they travel?
- 18. When is Thanksgiving in the United States?
- 19. What kind of weather is said to be a friend of Autumn?
- 20. How do you say Autumn in Italian?

# Autumn

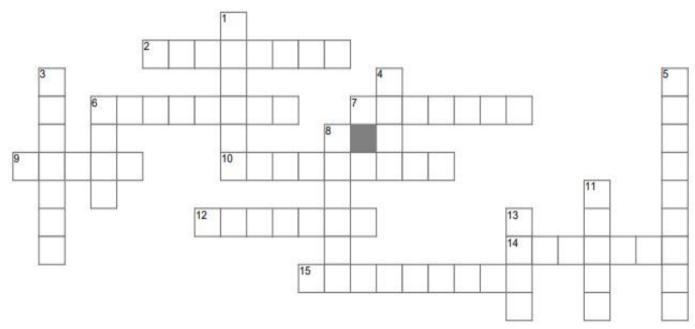
## **WORD SEARCH**

E A X W A L R S Т S T N Y K  $\mathbf{E}$ F G U  $\mathbf{F}$ T S F  $\mathbf{L}$ A T F E D S Ι H Ι L K R C A A A E M F P S S  $\mathbf{F}$  $\mathbf{F}$ A T. A H K N H E W P IJ M P Ι S Ι H T P R K A R B  $\mathbf{E}$ D Ε Y N A A A N E M R S K N R X R G Q H A S E F A R F Τ

SCARF TREE ACORN HAY APPLE FALL PUMPKIN SWEATER BOOTS RAKE PIE LEAF

## Autumn Crossword





#### **ACROSS**

- 2. Last month of Autumn
- An organized day or period of celebration.
- 7. The process or period of gathering in crops.
- A variety of this fruit is marketed as "Autumn Glory"
- 10. Likes to store and eat nuts
- 12. Spring, Summer, Fall, Winter are the four ......
- 14. Another Autumn month
- 15. First month of Autumn

#### DOWN

- 1. What falls from a tree in Autumn.
- 3. You can use it to make a pie or for carving
- 4. You can gather fallen leaves with this
- 5. Used to scare the crows from fields
- 6. Another name for Autumn
- 8. Autumn leaves color
- 11. Fruit of the oak tree
- 13. Vegetable that grows in stalks

ORANGE	RAKE	ACORN	APPLE	
SCARECROW	FALL	FESTIVAL	HARVEST	
OCTOBER	PUMPKIN	SEPTEMBER	NOVEMBER	
SEASONS	CORN	LEAVES	SQUIRRELS	



#### Potato Leek Soup

Servings: 6

Prep Time: 25 Minutes Cook Time: 40 Minutes

Total Time: 1 Hour 5 Minutes

#### **INGREDIENTS**

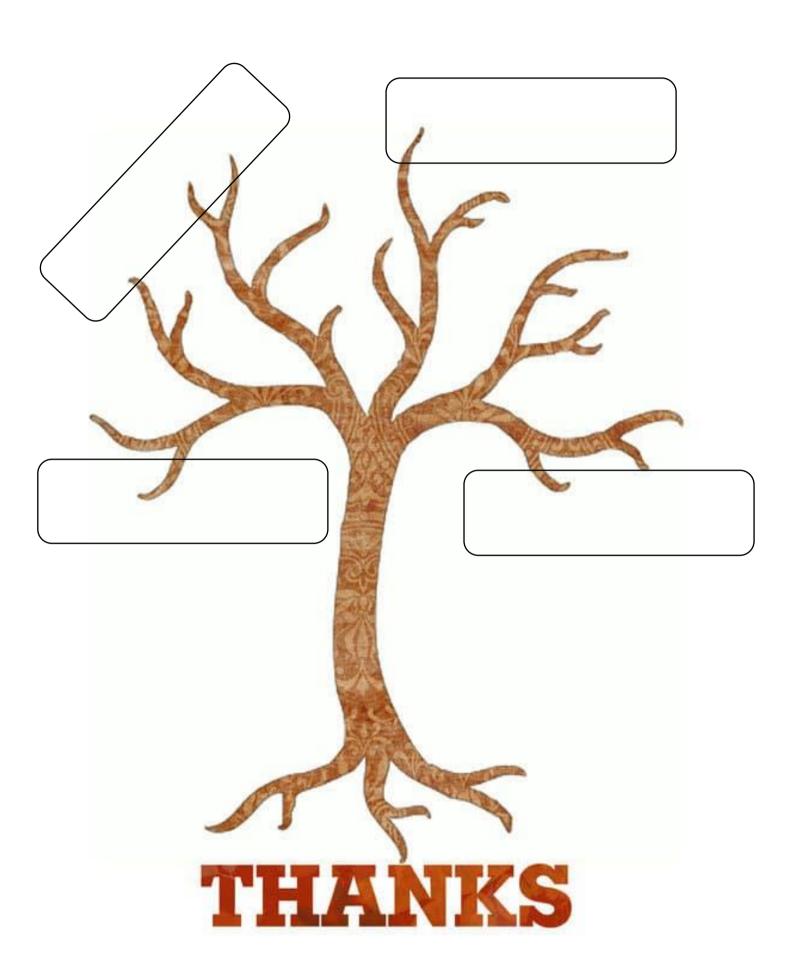
- 3 tablespoons unsalted butter
- 4 large leeks, white and light green parts only, roughly chopped (about 5 cups)
- 3 cloves garlic, peeled and smashed
- 2 pounds Yukon Gold potatoes, peeled and roughly chopped into 1/2-inch pieces
- 7 cups low sodium chicken or vegetable broth
- 2 bay leaves
- 3 sprigs fresh thyme
- 1 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 cup heavy cream
- Chives, finely chopped, for serving

#### **INSTRUCTIONS**

- 1. Melt the butter over medium heat in a large soup pot. Add the leeks and garlic and cook, stirring regularly, until soft and wilted, about 10 minutes. Adjust the heat as necessary so as not to brown.
- 2. Add the potatoes, broth, bay leaves, thyme, salt and pepper to pot and bring to a boil. Cover and turn the heat down to low. Simmer for 15 minutes, or until the potatoes are very soft.
- 3. Fish out the thyme sprig and bay leaves, then purée the soup with a hand-held immersion blender until smooth. (Alternatively, use a standard blender to purée the soup in batches; see note.) Add the heavy cream and bring to a simmer. Taste and adjust seasoning with salt and pepper. If soup is too thin, simmer until thickened. If it's too thick, add water or stock to thin it out. Garnish with fresh herbs if desired.
- 4. **Note:** If using a standard blender to purée the soup: be sure not to fill the jar more than halfway; leave the hole in the lid open and cover loosely with a dishtowel to allow the heat to escape; and pour blended soup into a clean pot.
- 5. **Freezer-Friendly Instructions:** The soup can be frozen, without the cream, for up to 3 months. Defrost the soup in the refrigerator for 12 hours and then reheat it on the stovetop over medium heat until hot. Once heated through, add the cream and bring to a simmer before serving.



Below is the 'Tree of Thanks', write down 4 things you are thankful for, if you have more, feel free to write them down!

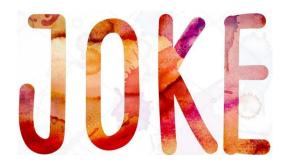


#### Word Ladder #1

#### Warm - Cold

**Instructions:** In word ladders, you change one word into another. At each step along the way, change just one letter to make a new word. Clues are given at each step!

Answers	Hint
WARM	A comfortable heat
	Cultivate land
	Ticket price
	Feel concern or interest
	Middle of an apple
	Wine stopper
	Thick string
	US manufacturer of automobiles
	Make fit in an envelope
COLD	Chilly



Who can hit high 'C' twelve times in a row without taking a breath? A soprano with the hiccups!

What do diets and promises have in common? They are always being broken.

Why is noon like the letter 'A'? Because both are in the middle of 'DAY'.

What did the buffalo say to his son when he dropped him off at school? Bison.

Why did the suspenders go to jail? Because they held up a pair of pants.

What kind of button will not unbutton? A belly button.

Customer: 'Waiter, please bring me an omelette!'

Waiter: 'French or Spanish Sir?'

Customer: 'Who cares? I'm going to eat it, not talk to it!'

Why did Mozart sell his chickens? Because they kept saying: 'Bach, Bach, Bach!'

The young police recruit was asked: 'What would you do if you had to arrest your own mother?'

I would call for backup, Sir!

Why is the restaurant called Karma? Because there is no menu; they just give you what you deserve!

What did the Llama say when he got kicked out of the Zoo? "Alpaca my bags!"

What gives you the power to walk through a wall? A door!

What do you call cheese that is not yours? Nach-o cheese!

#### Art for Relaxation





#### Here are some funny one-liners, enjoy!

Most of the problems in life are because of two reasons, we act without thinking or we keep thinking without acting. When a door closes another door should open, but if it does not then go in through the window. Far too many people seek the right person instead of trying to be the right person. I have always wanted to be somebody, but I see now I should have been more specific. When life hands you lemons, make lemonade and find someone whose life has handed them vodka, and have a party! I made a huge 'to do' list for today. I just cannot figure out who is going to do it. If one door closes and another door opens your house is probably haunted. Silence is golden until you have children, then silence is very suspicious. The older you get, the better you get. Unless you are a banana! Two mysterious people live in my house. 'Somebody' and 'Nobody'. Somebody did it and Nobody knows who. Before you marry a person, you should first make them use a computer with slow internet to see who they really are. You never realize what you have until it is gone. Toilet paper is a good example!

You know you've reached middle age when you're cautioned to slow down by your doctor, instead of by the

police.

#### Autumn Quiz ANSWERS

1. Deciduous 2. On the September equinox which occurs every year between September 21 to 23 3. Equator 4. (c) John Keats 5. Bears, turtles, hedgehogs, snakes, bees badgers and others 6. Thanksgiving 7. The full moon closest to the Autumn Equinox 8. Halloween 9. March 10. Camellia, Chrysanthemum, Echinacea, Dahlia, Hibiscus and others 11. Apples, quinces, pomegranate, pears grapes and others 12. Sadness & melancholy 13. I see your lips the summer kisses. The sunburned hands I used to hold 14. Fall 15. Day and night are of equal length 16. Football 17. South 18. On the fourth Thursday of November 19. Rainy weather 20. Autunno

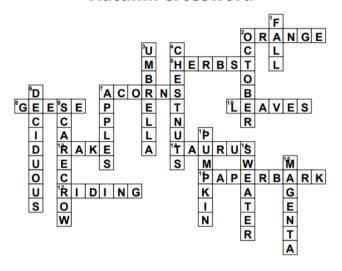
#### Word Ladder #1 - Answers

Warm - Cold

How did you do? Answers provided below.

Answers	Hint
WARM	A comfortable heat
FARM	Cultivate land
FARE	Ticket price
CARE	Feel concern or interest
CORE	Middle of an apple
CORK	Wine stopper
CORD	Thick string
FORD	US manufacturer of automobiles
FOLD	Make fit in an envelope
COLD	Chilly

#### **Autumn Crossword**







### Autumn Crossword



