



G'day!

In this week's activity pack, we are focusing on the Chinese New Year Celebrations! 2021 is the year of the Ox.

Please do not fear, there will be no live Oxen or Dragons in this pack, nor will there be a red envelope full of money! Sorry Folks!

As a dinner idea, how about making yourself some Chinese cuisine this week – sounds delicious to me!

Happy Chinese New Year to you all!

Take care all and have a great week,

The Caladenia Team

YEAR OF THE OX

# Chinese New Year 2021



Chinese New Year celebrations were born out of fear and myth. Legend spoke of the wild beast Nian (which also is the word for “year”) that appeared at the end of each year, attacking and killing villagers. Loud noises and bright lights were used to scare the beast away, and the Chinese New Year celebrations were born. Today, the 15-day New Year festivities are celebrated with a week of vacation in metropolitan areas of China. Much like the Western New Year (January 1st), the biggest celebration is on the eve of the holiday. At the turn of the new year, firework displays are put on throughout the city.

## **Traditions**

Aside from New Year’s Eve, there are other important days of the 15-day Chinese New Year Festival, including:

**JIE CAI CENG: Welcoming the Gods of Wealth and Prosperity**

On the fifth day of New Year’s, it is believed that the gods of prosperity come down from the heavens. Businesses will often participate in setting off firecrackers as they believe it will bring them prosperity and good fortune for their business.

**YUAN XIAO JIE: Festival of Lanterns**

The 15th day of the New Year is known as the Festival of Lanterns and marks the end of the Chinese New Year celebrations. All types of lanterns are lit throughout the streets and often poems and riddles are often written for entertainment.

There are also paper lanterns on wheels created in the form of either a rabbit or the animal of the year (Ox for 2021). The rabbit lantern stems from a Chinese myth or fairy-tale about a female goddess named Chang E who jumped onto the moon.

So, she would not travel alone, she brought a rabbit with her to keep her company. It is said that if your heart is pure enough, you can see the goddess Chang E and her rabbit on the moon on this day.

## **Symbols**

### *Red envelopes*

Called "Hong bao" in Mandarin, the red envelopes filled with money are typically only given to children or unmarried adults with no job. If you are single and working and making money, you still must give the younger ones the Hong bao money.

The colour red denotes good luck/fortune and happiness/abundance in the Chinese Culture and is often worn or used for decoration in other celebrations.

### *Dragon*

The dragon is present in many Chinese cultural celebrations as the Chinese people often think of themselves as descendants of the mythical creature. On the fifth day of the New Year when many people must start going back to work, they will also have dancing dragons perform in the front of the office building.

On the 15th day of the New Year (Yuan Xiao Jie), they may also have a lot of dancing dragon performances. The dragon represents prosperity, good luck and good fortune.

## **Traditional Foods**

The Chinese New Year's Eve meal is the most important dinner of the year. Typically, families gather at a designated relative's house for dinner, but these days, many families often celebrate New Year's Eve dinner at a restaurant. Many restaurants require reservations months in advance.

There are also some families that hire a professional chef to come cook at their house. Chefs are often busy running from one home to another cooking dinners for different families on New Year's Eve.

Chinese New Year is a 15-day celebration and each day, many families rotate celebrations between homes of their relatives. The festivities are day-long and sometimes, a family ends up cooking two meals for their relatives, once at lunch and once at dinner.

These dishes used to be all made from scratch, but now people can easily buy them pre-packaged at the supermarkets.

- Eight Treasures Rice, which contains rice, walnuts, different coloured dry fruit, raisins, sweet red bean paste, jujube dates, and almonds.
- "Tang Yuan" – black sesame rice ball soup; or a won ton soup
- Chicken, duck, fish and pork dishes
- "Song Gao," literally translates to "loose cake," which is made of rice which has been coarsely ground and then formed into a small, sweet round cake.
- "Jiu Niang Tang" – sweet wine-rice soup which contains small rice balls.



# Chinese New Year

## Chinese Lunar New Year



ANCESTORS  
BOAR  
COMPASS  
DOG  
DRAGON  
DUMPLINGS  
ENVELOPE  
FANS  
FESTIVAL  
FIREWORKS

HORSE  
JADE  
LANTERN  
LUCK  
LUNAR  
MONEY  
MONKEY  
OX  
PARADE  
RABBIT

RAT  
RED  
ROOSTERS  
SHEEP  
SNAKE  
SPRING  
TIGER  
ZODIAC



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The Chinese New Year falls on the 12<sup>th</sup> of Feb 2021.

The Chinese Lunar Year is also called Spring Festival and is celebrated by a quarter of the world's population. In Chinese astrology, each year is related to the Chinese Zodiac Animal, with a 12-year cycle. 2021 is a year of the Ox.

In Chinese culture, Ox is a faithful friend that made great contributions to the development of the society. Like the ox, people born in the Year of the Ox are industrious, cautious, hold their faith firmly, and always glad to offer help.

Ox years come around every 12 years: 1961, 1973, 1985, 1997, 2009, 2021, 2033.

Ox personalities go well with Rats, Monkeys & Roosters and not so well with Tigers, Horses, Dragons and Goats.

**Strengths:** Diligence, dependability, strength and determination

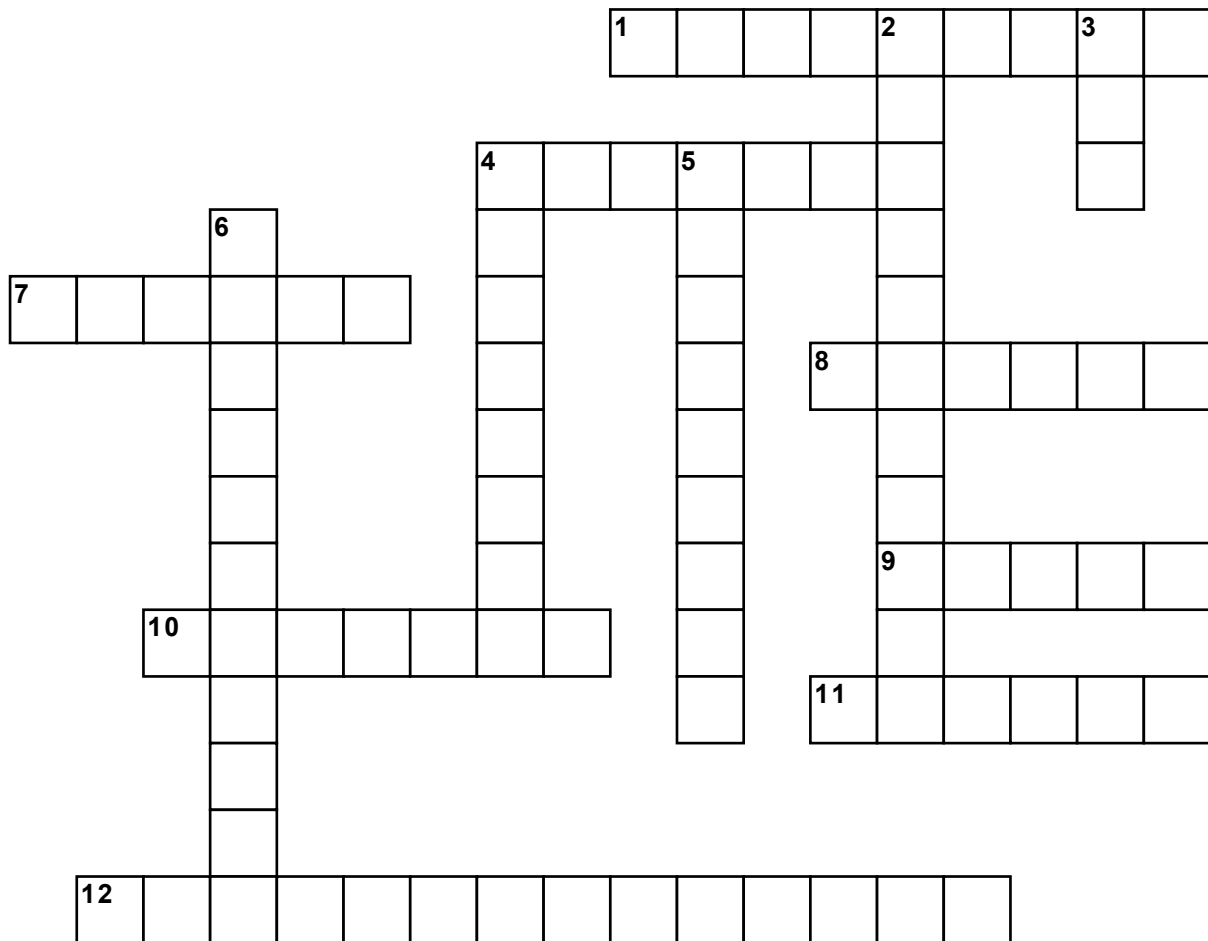
**Weaknesses:** Stubborn and poor communication skills

**Lucky numbers:** 1 and 4    **Unlucky numbers:** 5 and 6

**Lucky colours:** White, Yellow, Green    **Unlucky colours:** Blue

**Lucky flowers:** Peach blossoms & tulips

# Chinese New Year



## Across

- 1 - Your great grandparents (9)
- 4 - The customs of a certain group of people (7)
- 7 - 12 animals based on the year you were born (6)
- 8 - A procession of people in costume along a street (6)
- 9 - The Chinese calendar is based on this calendar (5)
- 10 - This festival occurs on the night of the first full moon of the lunar New Year (7)
- 11 - A mythical and ferocious animal in a Chinese New Year parade (6)
- 12 - Chinese New Year is also known as this (6,8)

## Down

- 2 - Really amazing or fantastic (11)
- 3 - This colour represents happiness for Chinese people (3)
- 4 - This shows the months of the year (8)
- 5 - Something done year after year (9)
- 6 - Small and noisy explosive wrapped in paper casing (11)

# Chinese New Year Celebrations

**Preceding Days**  
(23<sup>rd</sup>-29<sup>th</sup> of the 12<sup>th</sup> lunar month)



Cleaning the house



New Year shopping



Putting up spring couplets



Enjoying a reunion dinner



Giving red envelopes (lucky money) to kids



Staying up late

**New Year's Eve**  
(30<sup>th</sup> of the 12<sup>th</sup> lunar month)



**Chinese New Year's Day**



Setting off firecrackers and fireworks



Offering sacrifices to ancestors

**Day 2 – Day 7**



Visiting relatives and friends

**Day 8**



Most people go back to work

**Day 15 (Lantern Festival - CNY period ends)**



Lighting and watching lanterns



Eating sweet dumplings

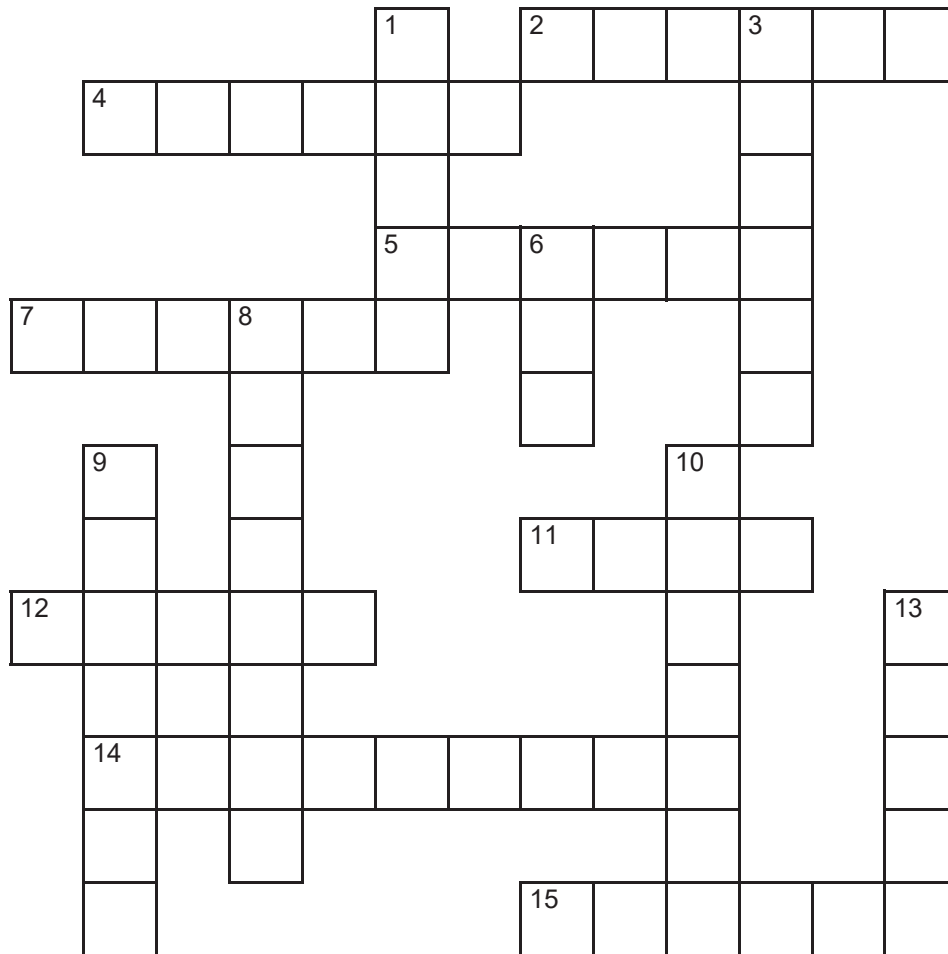
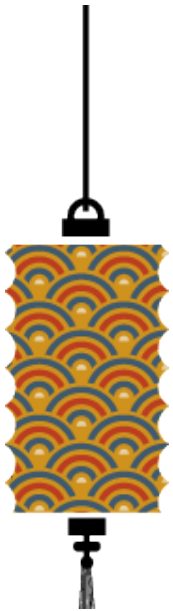


More fireworks



# Chinese New Year

## CROSSWORD



### ACROSS

2. He is credited with naming the years of the Chinese after animals.
4. Plant that brings happiness, wealth and longevity.
5. Chinese New Year is known as the \_\_\_\_\_ Festival.
7. Number of animals in the Chinese calendar.
11. If you find this in your dumpling, you will have a year of good luck.
12. What children receive in red envelopes if they have been good.
14. Fruit said to represent luck and prosperity.
15. Season in which Chinese New Year takes place.

### DOWN

1. What must you clean to be ready for Chinese New Year?
3. Animal traditionally represented in the Chinese New Year's Day parade.
6. Color that is believed to drive away bad luck.
8. These are decorated, hung in temples, and carried during a parade.
9. Animal for the year 2017 in the Chinese calendar.
10. Number of days in the Chinese New Year celebration.
13. Type of calendar that the Chinese New Year is based on.



# Chinese New Year



DIRECTIONS: Unscramble the letters to form terms associated with Chinese New Year. Watch out! A few have more than one word in the term.

1. EYMNO \_\_\_\_\_
2. LMLOOFNU \_\_\_\_\_
3. MPINGDLU \_\_\_\_\_
4. ILYAFM \_\_\_\_\_
5. RNAODG \_\_\_\_\_
6. INACH \_\_\_\_\_
7. ASGNEOR \_\_\_\_\_
8. MOBAOB \_\_\_\_\_
9. IAZODC \_\_\_\_\_
10. DCBANNUEA \_\_\_\_\_
11. RUALN \_\_\_\_\_
12. NLEEEOPV \_\_\_\_\_
13. CLGDOKUO \_\_\_\_\_
14. FEIWOSRKR \_\_\_\_\_
15. NLNRAET \_\_\_\_\_
16. DRE \_\_\_\_\_
17. EFATVISL \_\_\_\_\_
18. GIFST \_\_\_\_\_
19. RESITPOPRY \_\_\_\_\_
20. ACNEADR \_\_\_\_\_





## Fried Rice Recipe

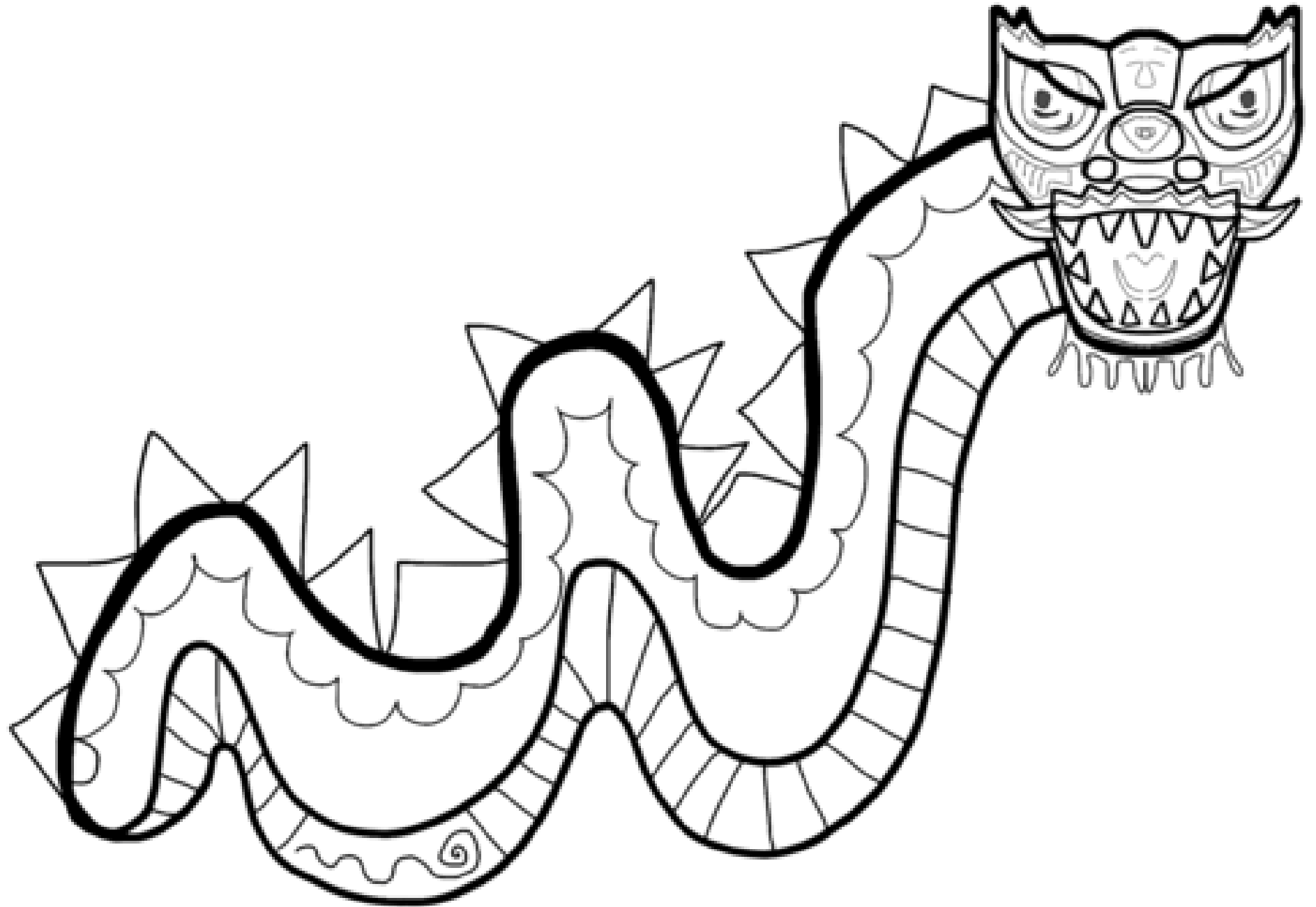
### Ingredients

- 1 to 2 green onions (chopped)
- 2 large eggs
- Freshly ground pepper (to taste)
- 1 teaspoon salt
- 3 tablespoons oil (divided)
- 4 cups rice (cooked and cold)
- 1 to 2 tablespoons light soy sauce (or oyster sauce)

### Steps to Make It

1. Gather the ingredients.
2. Wash and finely slice the green onions. Lightly beat the eggs with the pepper and salt.
3. Heat a wok or frying pan over medium-high heat and add 1 tablespoon of the oil. When the oil is hot, add the eggs. Cook, stirring, until they are lightly scrambled but not too dry. Remove the eggs and clean out the pan.
4. Add the remaining 2 tablespoons of oil. Add the cooked and cooled leftover rice. Stir-fry for a few minutes, using chopsticks or a wooden spoon to break it apart. Stir in the soy sauce or oyster sauce as desired.
5. When the rice is heated through, add the scrambled egg back into the pan. Mix thoroughly. Stir in the green onions. Serve hot.

# Art for Relaxation



# How to play Sudoku

- **Sudoku Rule № 1: Use Numbers 1-9**

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 “squares” (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. As you can see from the image below of an actual Sudoku grid, each Sudoku grid comes with a few spaces already filled in; the more spaces filled in, the easier the game – the more difficult Sudoku puzzles have very few spaces that are already filled in.

- **Sudoku Rule № 2: Do not Repeat Any Numbers**

	7	2			4	9		
3		4		8	9	1		
8	1	9			6	2	5	4
7		1					9	5
9					2		7	
			8		7		1	2
4		5			1	6	2	
2	3	7				5		1
				2	5	7		

As you can see, in the upper left square (circled), this square already has 7 out of the 9 spaces filled in. The only numbers missing from the square are 5 and 6. By seeing which numbers are missing from each square, row, or column, we can use process of elimination and deductive reasoning to decide which numbers need to go in each blank space.

For example, in the upper left square, we know we need to add a 5 and a 6 to be able to complete the square but based on the neighbouring rows and squares we cannot clearly deduce which number to add in which space. This means that we should ignore the upper left square for now and try to fill in spaces in some other areas of the grid instead.

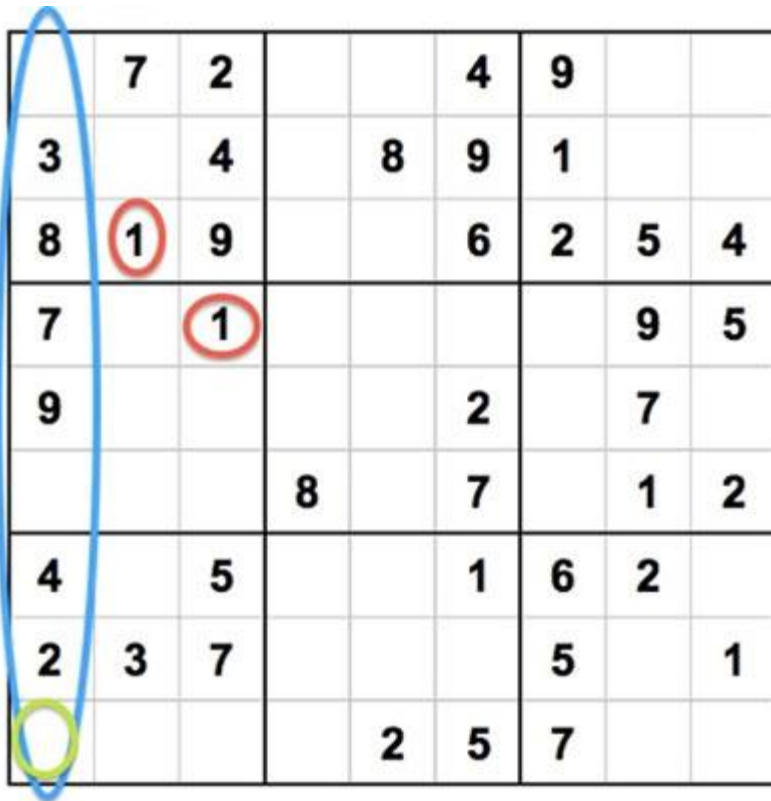
- **Sudoku Rule № 3: Do not Guess.**

Sudoku is a game of logic and reasoning, so try not to have to guess. If you do not know what number to put in a certain space, keep scanning the other areas of the grid until you seen an opportunity to place a number. But do not try to “force” anything – Sudoku rewards patience, insights, and recognition of patterns, not blind luck or guessing.

- **Sudoku Rule № 4: Use Process of Elimination**

What do we mean by using “process of elimination” to play Sudoku? Here is an example. In this Sudoku grid (shown below), the far left-hand vertical column (circled in Blue) is missing only a few numbers: 1, 5 and 6.

One way to figure out which numbers can go in each space is to use “process of elimination” by checking to see which other numbers are already included within each square – since there can be no duplication of numbers 1-9 within each square (or row or column).



	7	2			4	9		
3		4		8	9	1		
8	1	9			6	2	5	4
7		1					9	5
9					2		7	
			8		7		1	2
4		5			1	6	2	
2	3	7				5		1
				2	5	7		

In this case, we can quickly notice that there are already number 1s in the top left and centre left squares of the grid (with number 1s circled in red). This means that there is only one space remaining in the far-left column where a 1 could possibly go – circled in green. This is how the process of elimination works in Sudoku – you find out which spaces are available, which numbers are missing – and then deduce, based on the position of those numbers within the grid, which numbers fit into each space.

Sudoku rules are relatively uncomplicated – but the game is infinitely varied, with millions of possible number combinations and a wide range of levels of difficulty. But it is all based on the simple principles of using numbers 1-9, filling in the blank spaces based on deductive reasoning, and never repeating any numbers within each square, row or column.

3	2			8	1		7	5
		9						
			5	2				6
6	7							4
1	3	4	8		2	6	9	7
9							1	2
2				1	5			
						5		
8	4		9	3			2	1

1sudoku.com

n° 119898 - Level Easy

	5	8			6	7		
7	3	1			9			
6			1					5
8	4			2				9
	6			5			4	
2				9			8	7
4					5			1
			4			6	7	8
		3	8			9	5	

1sudoku.com

n° 114594 - Level Easy

	6					5		
				6	1		8	
9	8			5	2			6
8	1				3	7		4
7		6	4		5	9		8
5		9	1				3	2
1			8	4			6	5
	2		5	3				
		8					4	

1sudoku.com

n° 114372 - Level Easy

				3	1			6
9		1		5	4	8		
5							4	
3		6			8	1	2	
	2	4	1		5	7	9	
	7	5	3			4		8
	1							9
		9	6	1		2		4
4			8	9				

1sudoku.com

n° 124057 - Level Easy

# Word Search

## CHINESE NEW YEAR



D U M P L I N G S V S X Z G  
F E S T I V A L N L U N A R  
B O A R X R E D A D J L P B  
L A N T E R N S K R R U A E  
I L T I G E R Q E A A C R I  
X H O R S E R O T G B K A J  
F W M O N K E Y V O B V D T  
K H R O O S T E R N I R E C  
W I N T E R S O L S T I C E  
S P A S T R O L O G Y U M M  
X F I R E C R A C K E R X S  
K W S R A T Z O D I A C J W

Winter Solstice  
Luck  
Lunar  
Firecracker  
Parade

Horse  
Boar  
Red  
Zodiac  
Rat

Dumplings  
Dragon  
Astrology  
Rooster  
Rabbit

Festival  
Lanterns  
Tiger  
Snake  
Monkey



A man goes into a clothes shop "Can I try on that suit in the window?" he asks.

The assistant replies "No. Use the changing room like everyone else".

\*\*\*

Why did the fish blush? Because he saw the ocean's bottom.

\*\*\*

The policeman could not believe his eyes when he saw a woman drive past him knitting. He quickly pulled alongside the vehicle, wound down his window, and shouted "PULL OVER!"

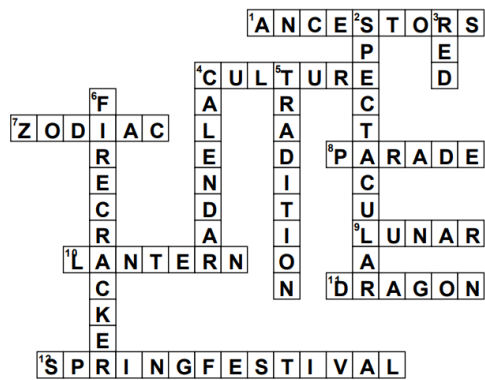
"No" she replied, "SOCKS!"

\*\*\*

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen. 'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You are cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They are going to STICK!

Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you are cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Do not forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!' The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?' The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

## Chinese New Year

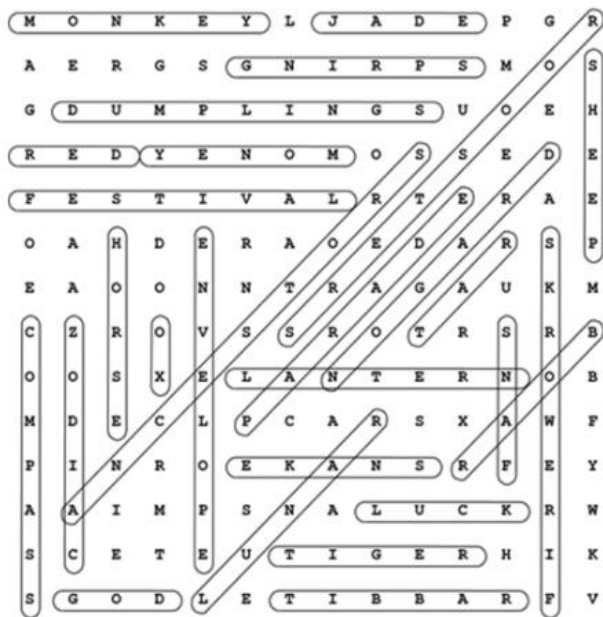


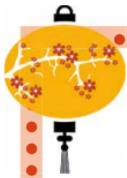
## Chinese New Year Wordsearch

D U M P L I N G S V S X Z G  
 F E S T I V A L N L U N A R  
 B O A R X R E D A D J L P B  
 L A N T E R N S K R R U A E  
 I L T I G E R Q E A A C R I  
 X H O R S E R O T G B K A J  
 F W M O N K E Y V O B V D T  
 K H R O O S T E R N R E C  
 W I N T E R S O L S T I C E  
 S P A S T R O L O G Y U M M  
 X F I R E C R A C K E R X S  
 K W S R A T Z O D I A C J W

## Chinese New Year

Chinese Lunar New Year





## Chinese New Year

### SOLUTION

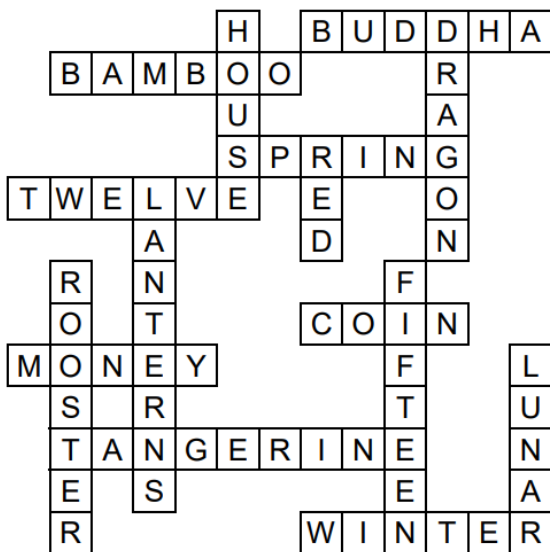
1. EYMNO MONEY
2. LML00FNU FULL MOON
3. MPINGDLU DUMPLING
4. ILYAFM FAMILY
5. RNAODG DRAGON
6. INACH CHINA
7. ASGNEOR ORANGES
8. MOBAOB BAMBOO
9. IAZODC ZODIAC
10. DCBANNUEA ABUNDANCE
11. RUALN LUNAR
12. NLEEEOPV ENVELOPE
13. CLGDOKUO GOOD LUCK
14. FEIWOSRKR FIREWORKS
15. NLNRAET LANTERN
16. DRE RED
17. EFATVISL FESTIVAL
18. GIFST GIFTS
19. RESITOPRY PROSPERITY
20. ACNEADR CALENDAR



## Chinese New Year

### CROSSWORD

#### SOLUTION



Solutions :

3	2	6	4	8	1	9	7	5
5	1	9	3	6	7	2	4	8
4	8	7	5	2	9	1	3	6
6	7	2	1	9	3	8	5	4
1	3	4	8	5	2	6	9	7
9	5	8	6	7	4	3	1	2
2	6	3	7	1	5	4	8	9
7	9	1	2	4	8	5	6	3
8	4	5	9	3	6	7	2	1

1sudoku.com

n° 119698 - Level Easy

9	5	8	2	4	6	7	1	3
7	3	1	5	8	9	4	2	6
6	2	4	1	3	7	8	9	5
8	4	7	3	2	1	5	6	9
3	6	9	7	5	8	1	4	2
2	1	5	6	9	4	3	8	7
4	8	6	9	7	5	2	3	1
5	9	2	4	1	3	6	7	8
1	7	3	8	6	2	9	5	4

1sudoku.com

n° 114594 - Level Easy

3	6	1	7	8	4	5	2	9
2	7	5	9	6	1	4	8	3
9	8	4	3	5	2	1	7	6
8	1	2	6	9	3	7	5	4
7	3	6	4	2	5	9	1	8
5	4	9	1	7	8	6	3	2
1	9	3	8	4	7	2	6	5
4	2	7	5	3	6	8	9	1
6	5	8	2	1	9	3	4	7

1sudoku.com

n° 114372 - Level Easy

2	4	8	9	3	1	5	7	6
9	6	1	7	5	4	8	3	2
5	3	7	2	8	6	9	4	1
3	9	6	4	7	8	1	2	5
8	2	4	1	6	5	7	9	3
1	7	5	3	2	9	4	6	8
6	1	2	5	4	7	3	8	9
7	8	9	6	1	3	2	5	4
4	5	3	8	9	2	6	1	7

1sudoku.com

n° 124057 - Level Easy